Quick Start Guide

How to Live a Richer, Stress-Free Life by Conquering Your Biggest Money Challenges, Starting Today

With New York Times Bestselling Author
Pamela Yellen



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<u>NOTE</u>: Please print out this Quick Start Guide before the webinar, to make the best possible use of our time together!

Check your email for your personal access link. Five minutes before air time, log in to the webinar. There will be an opportunity for you to ask questions.

"Whether you experience great peace of mind or constant anxiety will depend on getting your finances under control. Some of life's greatest enjoyments and most of life's greatest disappointments stem from your decisions about money."

—Robert Allen

On a scale of 1 to 10, how confident are you right now that you can reach your financial goals and dreams, and create a positive financial future for yourself and your family? (Circle a number)

1 2 3 4 5 6 7 8 9 10 Not at all confident Very confident

On a scale of 1 to 10, how stressed are you about your finances?

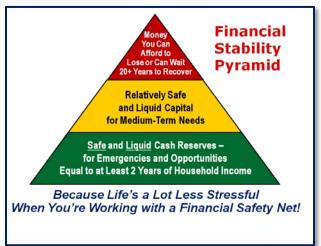
1 2 3 4 5 6 7 8 9 10 Not stressed at all Extremely stressed



#1 How to Arrange Your Finances So You Never Have to Beg or Borrow Money for an Emergency Again

What Shape Is Your Financial Pyramid?





A foundation that is two times my annual household income would have \$_____ in safe and liquid savings.

If you increase your savings by _____ or ____ each year, you won't feel the pinch, and you'll be surprised by how quickly the foundation of your pyramid and your _____ will grow.

	Where Will You Find the Money?
1.	You might consider restructuring
2.	Rethink your
3.	Make simple
	Hold on to your
	a few years longer.
	• Eat less.
	Bundle your
	Call your to reduce your
	monthly plan.
	Your Own Ideas

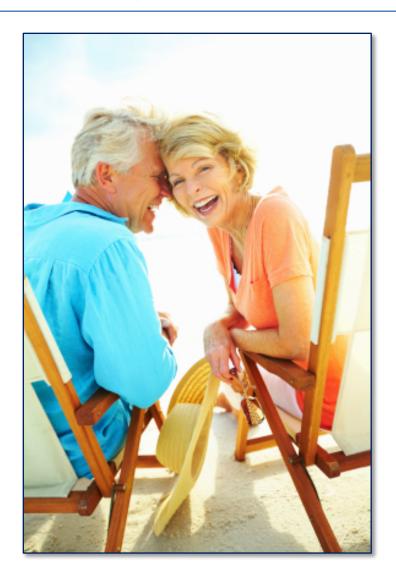


Easy No-Brainer Ways to Find the Money

Here are some ideas that have worked for many families. Pick one or two you can implement this week. Estimate how much each one could save you over the course of a year.

Instant Cash Savers	Annual Savings			
☐ Drink coffee you bring from home vs.				
name brand coffee shop java	\$			
☐ Eat lunch from home vs. fast food or				
vending machine food	\$			
☐ Skip the lottery tickets	\$			
☐ Cancel subscriptions for stuff you no longer				
use, including gym, magazines, etc.	\$			
☐ Buy at grocery store vs. convenience store	\$			
☐ Skip impulse items at the checkout aisle	\$			
☐ Eat dinner at home once more each week	\$			
□ Pass on iTunes, video games, etc.	\$			
☐ Quit your smoking habit	\$			
□ Other	\$			
□ Other	\$			
Your Total Estimated Annual Savings	\$			
Once you've built a solid emergency fund, you'	ll never have			
to or for money t	to cover an			
unexpected again.				

#2 How to Design Your Perfect Retirement



Financial literacy is an issue that should command our attention because many Americans are not adequately organizing finances for their education, healthcare and retirement.

—Ron Lewis, former member,
U.S. House of Representatives



"Don't let the miracle of long-term compounding of returns be overwhelmed by the tyranny of long-term compounding of costs." —John Bogle, founder of the index mutual fund

Fee Comparison of Three S&P 500 Index Funds				
Assumptions:	S&P 500 Index Funds			
\$100,000 one-time investment 5% annual growth rate	Index Index Fund Fund A B		Index Fund C	
30-Year Returns				
Value if NO fees	\$432,194	\$432,194	\$432,194	
Value AFTER fees	\$420,682	\$333,762	\$271,482	
Amount lost to fees	-\$11,512	-\$98,432	-\$160,712	
Percentage lost to fees	2.66%	22.77%	37.19%	

"The results do not reflect the application of other fees that may apply, such as ETF commissions, exchange fees, or account maintenance fees. Had these fees been considered, your costs would be higher and account values lower."

Get the unbiased facts about your mutual funds and ETFs with your Personal Investment Success Calculator, by going online and searching for " _________."



Six Key Questions You Need to Ask, to Design Your Perfect Retirement



1. At what	will you retire?		
Your answer:			
2. Will you continue	working part-time or find a		
	?		
Your answer:			
3. Will you launch a		7	
Your answer:			
Your answer:			
5. Will you help your	· 1	financially?	
Your answer:			
6. What	_ do you see for yourself in	retirement?	
Your answer:			

#3 How to Live a Richer Lifestyle, While Actually Spending Less

Something I'm Thinking of Buying:	
Question #1:	:
0-2 days	0 points
2 days to 1 week	1 point
1 week to 1 month	3 points
1 month or more	5 points
Question #2:	:
Yes	5 points
No	1 point
Question #3:	:
A lot longer than I expected	3 points
About as long as I expected	1 point
Not very long at all	0 points
Question #4:	:
Yes	0 points
No	1 point
Question #5:	:
No points either way for this o can postpone the purchase, w	
Total Score:	
Research shows that something as or clenching your _	simple as flexing your can actually
distract you long enough for you to	re-think your decision.



#4 How to Keep Money from Wrecking Your Relationship

Six	practi	cal sugg	estion	s to	make
sure	e your	relation	ship d	oesr	ı't hit
the	skids	because	of mo	ney	issues

- 1. Recognize that money is an
- 2. Talk, talk, and talk some more about your _____together.
- 3. Agree on how to ______ your money.
- 4. Avoid taking on _____
- 5. No matter how tempting it may be, do not engage in financial
- 6. Understand and acknowledge your different habits.

"It's amazing, but some of my clients have never talked about their finances with one another until they show up in my office. If they'd had honest discussions with each other before then, they may not have ended up in my office at all."

—Carol Delzer, divorce attorney

Many couples say that if they just had more money,

would be more frequent and more



Notes

